



Family Birthing Center Educational Classes 2022

Expecting parents are invited to attend free educational classes, sponsored by the Family Birthing Center and part of the Adventist Health and Rideout Community Health Education Program.

Childbirth Class

What to expect when you're expecting

Time: 2 – 4 p.m.

January 25	April 26	July 26	No class in October
February 22	May 24	August 16	November 29
March 22	June 28	September 20	December 13

Breastfeeding Class

Time: 3 – 5 p.m.

January 27	April 14	July 14	October 13
February 10	May 12	August 11	November 10
March 10	June 9	September 8	December 8

A support person is encouraged to attend all classes.

Location:

Adventist Health and Rideout Hospital
1st Floor Conference Room
726 4th St., Marysville

Tour our Birthing Center virtually!

Join us for a 360-degree tour online at our website.

Please register online at AdventistHealthRideout.org/ChildbirthClass or for questions call **530-751-4165**.

