

Other Breastfeeding Resources

Breastfeeding Videos

Global Health Media Project
multi language videos
Website:
https://globalhealthmedia.org/language/english/?_sf_s=breastfeeding



Dr. Jane Morton
Visual teaching aids
Website:
firstdroplets.com



Online and Phone Breastfeeding Resources

La Leche League International
Nursing info in multiple languages
1-877-452-5324
Website:
LLLi.org



Kelly Mom
Different stages of nursing journey
Website:
KellyMom.com



Infant Risk Center
Questions about medications
1-806-352-2519
Website:
infantrisk.com



Mother To Baby
Evidences based info on meds & other exposures
1-877-311-8972
Website:
mothertobaby.org



Drugs and Lactation Database (LactMed)
Free database for info on RX meds & nursing
Website:
<https://www.ncbi.nlm.nih.gov/books/NBK501922/>



Breastfeeding and the California Law

Breastfeeding in Public
You are entitled to breastfeed your child in any location, public or private
Work and Family Helpline
1-800-880-8047



Breastfeeding and Work
Employers are required to provide lactation accommodation
Website:
legallaidatwork.org

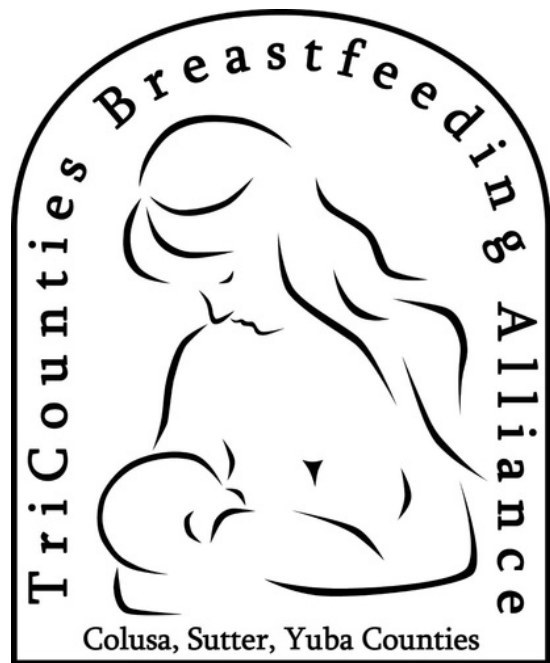
Human Breastmilk Donations

Mother's Milk Bank
Donate extra milk!
1-877-375-6645
Website:
mothersmilk.org



Postpartum Support

Postpartum Support International
Info about perinatal depression or mood/anxiety disorders
1-800-944-4773
Website:
Postpartum.net



"Breastfeeding is a mother's gift to herself, her baby and the earth."

~Pamela K. Wiggins



TriCounties Breastfeeding Resource Guide

Colusa, Sutter, and Yuba Counties

For updating purposes please contact the Regional Breastfeeding Liaison, Jennifer Conejo at (530) 749-4847 or jconejo@amplahealth.org



Colusa County

Ampla Health WIC Program Warmline 530-812-7786

Call or Text 7 days a week 8am-6:30pm
515 Fremont St, Colusa 95932

First 5 Colusa- Arbuckle Family Action Center 530-476-0822

Times vary, please call
812 King St, Arbuckle 95912

First 5 Colusa- Williams Family Action Center 530-473-4311

499 Marguerite Street, Room E1
P O Box 336

Colusa County Public Health

Main Line 530-458-0380

Direct Line 530-458-0309

Toll free number 1-800-655-3110

Monday-Friday 8:30am-4:30pm
251 E Webster St, Colusa 95932

Sutter County

Women, Infant, and Children Program 530-822-7224

Monday-Friday 8am-5pm
1445 Veterans Memorial Cir,
Yuba City 95993

Sutter County Public Health 1-800-371-3177

MCAH@co.sutter.ca.us

Monday-Friday 8am-5pm
(closed every other Friday)
1445 Veterans Memorial Cir,
Yuba City 95993

NUTRA-LATCH

530-277-3509

Monday- Friday 9am-5pm
415 Alturas St STE 6, Yuba City 95991



Yuba County

Ampla Health WIC Program Warmline 530-812-7786

Call or Text 7 days a week 8am-6:30pm
1114 Yuba Street, Suite 217
Marysville 95901

Harmony Health Medical Clinic 530-645-7336

Monday-Friday 8am-5pm
1908 N Beale Rd, Marysville 95901

Yuba County Public Health 1-800-794-4067

Monday-Friday 8am-5pm
915 8th. Street, Marysville 95901

Adventist Health & Rideout Inpatient/Outpatient Lactation Services 530-749-6668

726 4th St, Marysville 95901

Mom's Group

Every Wednesday from 10-11:30am in the Adventist health and Rideout Cancer Center Library

Facebook Group

Breast Friends - Yuba/Sutter, CA

Beale Air Force (Military Only) 530-634-3423

Times vary, please call
15301 Warren Shingle Rd. Beale AFB 95903